



CERTIFICATE OF ANALYSIS

Pure Alaska Omega Alaskan Omega-3 Pollock Oil EE 625 mg

Product Name: Pure Alaska Omega Alaskan Omega-3 Highly Concentrated Pollock Oil Ethyl Esters (EE) 625 mg Dietary Supplement (180 mini-softgels)	Source: Sustainably sourced Alaskan Pollock. 100% made in the USA.	Description: Bovine gelatin softgels containing clear to light yellow highly concentrated Pollock fish oil omega-3 ethyl esters, with a mild fish taste.	
Storage: Keep this product in a cool (59°-86°F/15°-25°C) low humidity environment, out of direct sunlight with the cap tightly closed.	Shelf Life: Best if used by the suggested Expiration ("EXP.") date printed on the bottom of the bottle.	Bottle Lot #: 439681	EXP. Date: 08/19 (Month/Year)

Encapsulation Lot #UC170345

Test	Specifications	Results	Test Method*
Physical Characteristics			
Size/Shape, Shell Color Gelatin Type	10 Oblong, Clear Bovine gelatin	10 Oblong, Clear Bovine gelatin	Encapsulators' Method By Input
Average Fill Weight Rupture Test	NLT 625 mg/softgel NMT 15 Minutes	639 mg/softgel 2 Minutes	USP <2091> USP <2040>
Fatty Acid Content†			
Eicosapentaenoic Acid (EPA); C20:5 Omega-3 (as EE) Docosahexaenoic Acid (DHA); C22:6 Omega-3 (as EE) EPA and DHA (as EE) Total Omega-3 Fatty Acids (as EE)	NLT 356 mg/softgel NLT 144 mg/softgel NLT 500 mg/softgel NLT 530 mg/softgel	370 mg/softgel 158 mg/softgel 528 mg/softgel 568 mg/softgel	AOCS Ce 1b-89 or CRN Method or GOED Equivalent Method
Oxidation			
Acid Value Peroxide Value p-Anisidine Value Total Oxidative Value (TOTOX)	< 2.0 mg KOH/g < 5.0 meq/kg < 15.0 < 25	0.50 mg KOH/g 0.40 meq/kg 3.49 4.29	AOCS Cd 3d-63 AOCS Cd 8-53 or AOCS Cd 8b-90 AOCS Cd 18-90 Calculation
Microbiological			
Total Aerobic Microbial Count Escherichia coli Salmonella species Staphylococcus aureus Yeast & Mold	< 1,000 CFU/g Negative/10 g Negative/10 g Negative/10 g < 100 CFU/g	< 100 CFU/g Negative/10 g Negative/10 g Negative/10 g < 10 CFU/g	USP Chapter 61 USP Chapter 62 USP Chapter 62 USP Chapter 62 USP Chapter 61
Environmental Contaminants			
Lead (Pb) Cadmium (Cd) Mercury (Hg) Inorganic Arsenic (As)	< 0.1 ppm < 0.1 ppm < 0.1 ppm < 0.1 ppm	RMT Passes RMT Passes RMT Passes RMT Passes	AOAC 993.14 AOAC 993.14 AOAC 993.14 AOAC 993.14 or EPA 1632
PCBs (sum of all 209 congeners) PCDDs and PCDFs (17 dioxin congeners, WHO-PCDD/Fs-TEQ) Dioxin-like PCBs (WHO-TEQ) Total Dioxins, Furans, and Dioxin-like PCBs (WHO-TEQ)	< 0.045 mg/kg < 1.0 pg/g < 2.0 pg/g < 2.0 pg/g	RMT Passes RMT Passes RMT Passes RMT Passes	EPA 1668A EPA 1613B EPA 1668A EPA 1668A & EPA 1613B
*Testing was conducted by recognized laboratories using industry specific testing methodologies. † Fatty acids as Ethyl Esters (EE).			

KEY: < or Less Than CFU/g or Colony Forming Unit per gram EE or Ethyl Esters KOH or Potassium Hydroxide meq or milliequivalent NLT or Not Less Than NMT or Not More Than	PCB or polychlorinated biphenyl PCDD or polychlorinated dibenzo- <i>p</i> -dioxin PCDF or polychlorinated dibenzofuran ppm or parts per million (equal to mg/kg) RMT or Raw Material Testing TEQ or Toxic Equivalents GOED or Global Org. of EPA & DHA Omega-3s	AOAC or Association of Official Agricultural Chemists AOCS or American Oil Chemists' Society CRN or Council for Responsible Nutrition EC or European Commission, EU or European Union EPA or United States Environmental Protection Agency USP or United States Pharmacopeia WHO or World Health Organization
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