



IT'S ON THE **DINNER MENU** TONIGHT!

IS IT WILD-CAUGHT SALMON?



NO...AM I MISSING

SOMETHING?

UHH, I DON'T KNOW THE LAST TIME I ATE SALMON.

NO.

IT'S NOT A

PRIORITY

FOR ME.

I DON'T FULLY **UNDERSTAND WHAT** OMEGA-3S ARE.

DO YOU CONSUME THE RECOMMENDED 250 MG OF **OMEGA-3S PER DAY?**

OF COURSE!

That's the best way to get the omega-3s, astaxanthin, minerals and vitamins my body needs.

HOW OFTEN DO YOU EAT NON-FRIED FISH A WEEK?

I DON'T EAT **FISH EVERY** WEEK.

DO YOU TAKE ANY VITAMINS OR SUPPLEMENTS TO **HELP PROTECT**

> NO. I'm too young to worry about that now!

USUALLY!

I take supplements to help me reach that goal.

DO YOU KNOW **HOW THE SUPPLEMENTS** YOU'RE CONSUMING ARE MADE?

AT LEAST TWICE A **WEEK, JUST AS** RECOMMENDED

YES!

YOUR HEART?

It's never too early to start focusing on my heart health



NO. that doesn't matter to me

YES - I did my research before buying a product.

CONGRATS. YOU'RE AN OMEGA-3 EXPERT!

You already know omega-3s are important for your health, but did you know Pure Alaska Omega Wild Alaskan Salmon Oil supplements have the same natural balance of omega-3s as wild salmon? This is because they're made from wild-caught salmon, delivered from sea to supplement, using a unique cold-press, extra virgin method (just like your olive oil!) with no further processing or purification needed.

YOUR OMEGA-3 KNOWLEDGE HAS ROOM FOR GROWTH!

You know enough about omega-3s to know they should be part of your daily diet, but they aren't your biggest dietary priority. Pure Alaska Omega Wild Alaskan Salmon Oil delivers omega-3s in their natural triglyceride state, rather than man-made forms, to boost your omega-3 intake and help you live your healthiest life.

YOU NEED TO STEP UP YOUR OMEGA-3 GAME!

You're probably one of the 78% of Americans not consuming enough omega-3s. They have a lot of health benefits, like keeping your eyes, heart and brain healthy[†]. If you don't have access to fresh fish (hello Midwest) try supplements like Pure Alaska Omega Wild Alaskan Salmon Oil.

†This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

